

1) Definition

1.1 Mustang Madness 2016 is considered a mountain bike sport event in stages in National Parks and remote areas also classed as public roads.

1.2 Mustang Madness 2016 will be held from the 12^h to 18th June 2016 in 7 different stages and approximately 220 km.

1.3 The event is organised by Himalaya Expeditions.

2) Participation

2.1 Participants must be at least 18 years on the first day of the event.

2.2 The Mustang Madness is an individual event and competitors are to complete each stage individually.

2.3 Participants need to be physically fit. Participants are responsible for ensuring they start the event in an appropriate physical condition. Individuals suffering from a pre-existing medical condition may be prevented from participation if the organizers believe the nature of the event may pose a health risk to the participant. Participants will have to submit the medical certificate form (in their "PARTICIPANT AREA") properly filled and signed by a doctor.

2.4 Any rider in Mustang Madness 2016 must complete the course with their own means, this is, pedalling on the bike or walking at his side. Any external help especially if is powered by mechanical drive means can lead to expulsion from the event.

3) Equipment

3.1 It is compulsory to correctly wear approved cycle helmets. Failure to follow this rule will lead to the expulsion from the event.

3.2 All participants have to use a mountain bike in good condition. This mountain bike wheels may be 26, 27,5 or 29 inches, rigid or full suspension, but in no case have such aid to electric assist cycling. To assist with security and control the organizers may take a picture of the bicycle of each participant. Only in exceptional circumstances will participants be allowed by the event manager to change their bicycle during the event.

3.3 Each participant must carry always the following compulsory equipment: approved helmet for cycling practice, water deposit "Camelback" or similar with at least one litter of liquid on the start of each stage, GPS device with enough batteries and spare batteries, thermal first aid blanket, mobile phone with battery charged, and book with emergency numbers. This baggage can be checked randomly at the beginning of each stage and participants may randomly get checked at the checkpoints. There may be other material and equipment that the organization determines to be required for certain stage this will be communicated the day before.

3.4 Each participant must carry a GPS device that works correctly and displays the route provided by the organization allowing to clearly following the track while

riding. **The use of base mapping is not mandatory but is recommended.**

The GPS device must be configured to record compulsory tour conducted each stage, with a minimum of 50 meters, and have the autonomy needed to cover the whole stage. This aspect is crucial because the organization must be able to verify, at will, following the exact preset tour by any participant.

3.5 It is compulsory to wear the race number visibly on the front of the bike.

4) Route

4.1 The route will consist of approximately 220 km split in different daily stages. The estimated difficulty is high.

4.2 The organisers reserve the right to alter the route if necessary to ensure the safety of competitors. Any changes will be advised to participants at the event briefing the evening before the stage affected.

4.3 To complete the route each participant will need and will have to carry a GPS device. The organization will deliver the corresponding track in order to follow each stage route. The organization may display complementary on route signals where necessary upon his criteria. The GPS device must be in perfect condition and will set mandatory to record the route taken for each stage, with a minimum frequency of 50 meters.

4.4 The organization will inform the participants via its website about the process to distribute the track.

4.5 The event travels through valuable natural areas, so it is obligatory to respect the natural environment. Riding outside the range provided by the organization and any environmentally incorrect behaviour or not to follow the instructions on the organization's environmental subject may lead to penalties and even exclusion of the event at the discretion of the organization. Environmental measures can address the need to walk for some meters.

4.6 Depending on the stage, route is open to pedestrian circulation, local jeeps and the passage of animals, Therefore, the participant must respect the traffic regulations at all times and the organization orders given either by fixed or local partner identified as such, as well as law enforcement if any, being himself the only responsible of indiscretions and offenses committed, fully exonerating the promoter and the organization of the costs and damages they cause their actions.

In general, the organization cannot attend or be responsible for any participant to circulate out of the track provided by the organization.

5) Track Validation

5.1 Organizers may at any time and at its discretion validate the route travelled for any participant by checking the logged track on their GPS device, thus all participants have to accept the possibility of having to let their GPS to the organisers for this purpose. To do so each participant should make sure that its GPS unit is set to record the route at the start of each stage, with a minimum frequency of 50 meters, and it has the autonomy necessary to cover

the whole stage.

5.2 The organization, additionally, reserves the right to record the model and serial number and / or seal of those GPS devices in order to preserve the validity of the route travelled.

6) Race Development

- 6.1 Participants of the Mustang Madness need to leave their passport and photographs with us before you heading to Jomsom so that we can make special permit for Mustang with the group.
- 6.2 The event will be officially closed when the last participant has reached the very finish line and after the Finisher tricot ceremony. The organization reserve the right to change these times and locations.
- 6.3 At the end of each stage except the last, the organization will convene a technical meeting or briefing for participant with compulsory attendance. The organization will not assume responsibilities arising from the non-attendance of participants at a briefing.
- 6.4 The departure time of all stages will be decided by the organization. The organization shall establish a checking schedule before starting each stage, to help ensure compliance with established schedules. The organization will review the equipment required of each participant and collection of personal route card, subjected to the signature of the participant. The participant is responsible for knowing their personal time-out control from for each stage.

7) Time Controls and Modalities

- 7.1 The organization shall have a timekeeping system for the timed section of each stage in order to give this information to participants. Where this is possible, the timed section of each stage will match the total length of this stage. A penalty system will be established. The table of penalties will be published before the race starts to the knowledge of all participants. However, new penalties or modification of existing ones are possible under decision of the organization.
- 7.2 When a stage is over, the organization will publish a list of arrived participants and time spent, indicating modality, status – Finisher or No Finisher, and if they make penalties. If for any reason the timekeeping system fails, wholly or partly , the organization will decide at its discretion to apply the solution and it can be used the track logged in the GPS device of each participant.

8) Food Stations and Controls

- 8.1. The organization will provide aid stations conveniently positioned during each stage. The participants will know in advance the products offered in the food stations so that they could take some supplements if they consider it necessary.
- 8.2 The organization will establish controls points along the route of each stage. Generally there will be a control point located in the same place of the aid stations. There may be additional check points some of them at unknown locations.
- 8.3 Participants who leave the stage at any point must notify the organization as soon as possible and arrange for their route card to be delivered to**

the organizers. Failure to do so will activate a search and rescue. If the participant does not advise of their withdrawal he/she will be charged with the costs of this rescue.

8.4 The participant who leave definitely the event must inform the RACE OFFICE.

8.6 The organization may require participants who they consider not to be in a proper condition or unable to meet the time cuts, to withdraw from the event. If the organization is forced to withdraw a participant from the event for failure to comply with the rules, it will not be required to provide any service, transportation or refund.

8.7 For reasons of logistics and liability, the organization cannot take care of moving participants from one stage to the other.

9. FINISHER

9.1 To be classed as a finisher of Mustang Madness 2016 the individual participants will have to show evidence of attendance at each checkpoint within the time limits established by the organizers, and completion of each stage along the designated route. It is therefore essential to record the course with the GPS device, so the organization can prove it.

9) Environment

9.1 The event travels through valuable natural areas, so it is obligatory to respect the natural environment. Riding outside the range provided by the organization and any environmentally incorrect behaviour or not to follow the instructions on the organization environment subject may lead to penalties and even exclusion of the event at the discretion of the organization.

10) Luggage Transport

Luggage are transported by porters and they need to walk to cover the distance you have to ride.

11) Traffic Rules

11.1 The race route has jeep parts as jeep roads. The roads are in National park and remote areas - they are also classified as Public Roads.

11.2 When on jeep routes you must keep to left side - which is the driving side of Nepal.

12) Insurance

12.1 It is mandatory that all participants have adequate Travel Insurance, which includes helicopter emergency evacuation.

13) Appeals and the jury

12.1 Each participant has an opportunity to raise an objection in case of a perceived breach of rules by other participants or to enter a caveat against decisions of the race and course director up to one hour after the finish time limit. Such objections have to be made in person in the race office and require the naming of (a) witness (es). A jury of three adjudicators (sports director, event organiser and another member from the organising committee) will consult on the issue of appeal and make a decision within 24 hours. All witnesses have to be present at the proceedings. The aforementioned contraventions, which may be reprimanded with time penalties or

disqualification, provide only an incomplete rundown of other possible offences that may be penalised.